

## AMS/PRINCE BIC

Wed - 03/01/2017	Portion Size	G Carb
FRENCH TOAST TRIPLE B	1 POUCH	37.00
FRUIT, APPLESAUCE CUP	1 EACH	22.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Thu - 03/02/2017	Portion Size	G Carb
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, MIXED FRUIT CUP	1 CUP	17.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Fri - 03/03/2017	Portion Size	G Carb
CEREAL KIT, CINN TOAST	BOWL	65.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Mon - 03/06/2017	Portion Size	G Carb
CEREAL KIT, FROOT LOOP	PACKAGE	56.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Tue - 03/07/2017	Portion Size	G Carb
TORNADO, EGG & SAUSA	1 EACH	21.01
CRAISINS, CHRY	1 EACH	28.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Wed - 03/08/2017	Portion Size	G Carb
LOAF, BLUEBERRY, MINI,	1 EACH	26.00
FRUIT, APPLESAUCE CUP	1 EACH	22.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Thu - 03/09/2017	Portion Size	G Carb
PANCAKES, BANANA, #406	1 EACH	37.00
FRUIT, MIXED FRUIT CUP	1 CUP	17.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Fri - 03/10/2017	Portion Size	G Carb
CEREAL KIT , COCOA PUF	1 EACH	54.00
FRUIT, APPLE	1 EACH	16.00

MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Mon - 03/20/2017	Portion Size	G Carb
CEREAL KIT, TRIX, RS	1 EACH	50.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Tue - 03/21/2017	Portion Size	G Carb
EGG & CHEESE BREAKFA	1 PACKAGE	16.72
CRAISINS, CHRY	1 EACH	28.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Wed - 03/22/2017	Portion Size	G Carb
MAPLE TURKEY PANCAKE	1 EACH	17.00
FRUIT, APPLESAUCE CUP	1 EACH	22.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Thu - 03/23/2017	Portion Size	G Carb
BAGEL, WHOLE WHEAT	1 EACH	29.00
FRUIT, MIXED FRUIT CUP	1 CUP	17.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00
CREAM CHEESE, .75 OZ P	1 EACH	1.20

Fri - 03/24/2017	Portion Size	G Carb
CEREAL KIT, CHEERIOS B	KIT	63.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Mon - 03/27/2017	Portion Size	G Carb
CEREAL KIT, FROSTED FL	1 EACH	56.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Tue - 03/28/2017	Portion Size	G Carb
TAC-GO WITH EGG	1 EACH	14.00
CRAISINS, CHRY	1 EACH	28.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Wed - 03/29/2017	Portion Size	G Carb
MINI EGGO WAFFLES	1 EACH	35.00
FRUIT, APPLESAUCE CUP	1 EACH	22.00
ORANGE JUICE 4 OZ	1 EACH	13.00

MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Thu - 03/30/2017	Portion Size	G Carb
BAGEL, MINI,STRAWBERR	1 Each	41.00
FRUIT, MIXED FRUIT CUP	1 CUP	17.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

Fri - 03/31/2017	Portion Size	G Carb
CEREAL KIT, CINN TOAST	BOWL	54.00
FRUIT, APPLE	1 EACH	16.00
MILK,1% LOWFAT	HALF PINT	12.00
MILK,SKIM	HALF PINT	12.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.